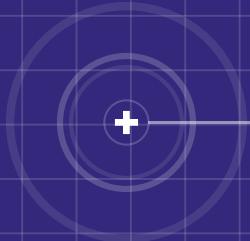




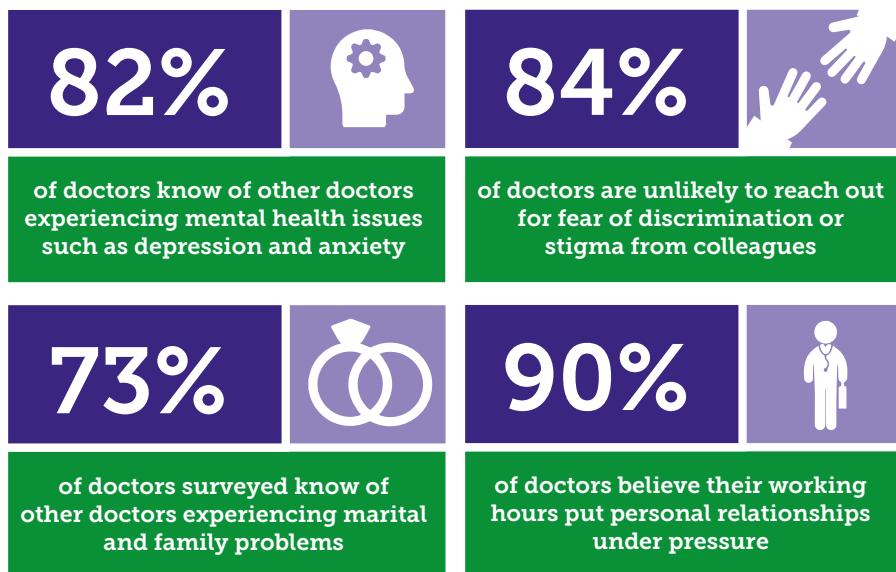
Royal Medical  
Benevolent Fund  
The Doctors' Charity

**Help and support for  
doctors, medical students  
and their families**



## Who we are

The Royal Medical Benevolent Fund is the UK charity for doctors, medical students and their families. We provide financial support, money advice and information when it is most needed due to age, ill health, disability and bereavement.



Online survey of 1,351 health professionals, January 2016

Nobody is immune to misfortune and each individual's need is different. Each applicant is assessed according to their needs by our Grants and Awards Committee, and decisions are made quickly and in confidence to create a tailored package of support.

## How we help

- Regular monthly grants – to help towards day-to-day living costs
- Back to work awards – retraining, professional fees and childcare costs for those returning to work after illness
- Medical student support – grants for medical students facing exceptional hardship, to assist with essential living expenses while studying
- Money advice service – dedicated advisors who can help doctors and medical students with debt management and finance advice
- DocHealth – a confidential support service for doctors experiencing mental health issues, delivered in partnership with the BMA

For more detailed information on how we can help, please contact our Casework department on [help@rmbf.org](mailto:help@rmbf.org) or 020 8540 9194 (option 1).

## CASE STUDY

“ You never know when your life is about to change suddenly. Back in 2013, I was a trainee surgeon and our first child was on the way, life was great. Then one day when playing football, I suffered a cardiac arrest. Lying on the pitch, I was shocked back into a normal rhythm using a defibrillator, but during the resuscitation I suffered a cerebellar stroke which resulted in me being in a coma for 10 days. I was then in hospital for a month recuperating. At the time my wife was also on maternity leave, and with both of us out of work we were struggling to make ends meet. I could not see a way forward.

During this difficult time, the RMBF helped to cover our living expenses when my sick pay was reduced to 50% and while I made a phased return to work. Their support was invaluable whilst we slowly put our lives back on track. I am now working full time again and I am indebted to them.”

**Dr Greenwood**



**The Royal Medical Benevolent Fund is the UK charity for doctors,  
medical students and their families.**

If you're a doctor or medical student facing exceptional hardship, please contact our Casework team to discuss whether you may be eligible for support.

**tel: 020 8540 9194 | email: [help@rmbf.org](mailto:help@rmbf.org)**

Royal Medical Benevolent Fund, 24 Kings Road, Wimbledon, London SW19 8QN

**The RMBF relies on voluntary donations – without the support of the medical profession we could not continue to provide vital help to doctors, medical students and their families.**

**To find out more and to donate or volunteer, visit:**

**[www.rmbf.org](http://www.rmbf.org)**

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